Early Childhood Family Education (ECFE)

ECFE offers classes, programs and services for families with children from birth to kindergarten age.

**Classes:** More than 30 class options focused on children’s developmental stages. Parents and children enjoy group time and activities followed by a parent discussion led by a licensed parent educator.

Fee: Sliding fee scale. See back of page for sample classes

**Home Visits:** Early childhood professionals visit homes to answer parenting and child development questions and share activities to do with your child.

For more information, call 612.668.2134. Fee: Free

**Online Parenting Topics:** Access research-based parenting information on a variety of topics such as setting limits, toilet learning, empathy, brain development and more.

Fee: $20 per topic accessible for the entire school year

**Parent Networks:** Invite friends to your home for a two-hour personalized parent education session provided by a licensed early childhood professional.

Call 612.668.2144 to schedule a consultation. Fee: $10 per participant

**Personal Phone Consultation:** Get parenting questions answered through 30-minute phone consultations with a licensed early childhood professional.

Call 612.668.2134 to schedule your consultation. Fee: Free

Need transportation?

Call 612.668.2126 if you need help with transportation to and from classes.

**Contact Us**

612.668.2127 | ecfe@mpls.k12.mn.us | ece.mpls.k12.mn.us/ecfe

Follow us!
Below is a sampling of the ECFE classes available to families. For a complete list of current offerings, visit ece.mpls.k12.mn.us/ecfe.

Formats:
- Classes offered as semesters, half-semesters and four-week sessions
- Classes last 1.5 to 2 hours weekly
- Days, evenings and Saturdays

Locations: Classes are offered at locations across the city

Fees: Fees are based on income through a sliding fee scale; no one is turned away for inability to pay. Call 612.668.2127 for more information.

NOTE: When selecting classes, your child should be the age listed by the date the class begins.

**Infant Classes (0-11 Months)**
- Incredible Infants
- Infants and Yoga
- New Parent Connections

**Toddlers, Twos and Threes Classes (11-48 Months)**
- Early Ones
- Mindful Parenting
- The Feeling-Behavior Connection
- Toddlers; Toddlers and Twos
- Toddlers with Gymtime
- Twos; Twos and Threes

**Threes and Fours Classes (36-48 Months)**
- One-day and Two-day class options
- STEM (Science, Technology, Engineering and Math)

**Mixed-Age Classes (Birth-Kindergarten Enrollment)**
- Adoptive, Foster and Kinship Families
- Adventures in Parenting
- Dads
- Multi-Cultural Adventures in Parenting
- Musical Brain Development
- Parenting Trends
- Special Friends
- Talking with Children about Race

**MULTILINGUAL AND NATIVE AMERICAN CLASSES**
Certain classes are provided in Amharic, Hmong, Somali and Spanish.

Classes focused on Native American families are also provided where traditional parenting is explored.